

# Signature Treatments

Indulgent treatments inspired form indigenous Arabian Rituals

## Timeless Body Journey

90 minutes AED 680

An indulgent body treatment using an exclusive formula of figs, dates and essential oils of the orient. The journey begins with gentle exfoliation to smooth and soften the skin, followed by an indulgent body massage with nourishing essential oils and sensual scents of Arabia. The journey is finished off with all natural fresh dates & milk mask applied to the face and feet. This is the perfect treatment to bring deep relaxation to the body and spirit.

## Arabian Desert Body Wrap

60 minutes AED 602

An advanced treatment that promotes smooth supple skin while intensively protecting it against environmental stress and aggressions. A sea salt exfoliation precedes the wonderfully warm scented body wrap and takes you on a journey to explore your sense of wellbeing and instill a strengthening feeling.

The result is velvety soft, glowing young skin.

## Timeless Pause

90 minutes AED 680

The ideal gift to treat yourself. Reserve a Timeless “Pause” and let our expert therapists create the most suitable personalized treatment for you. The perfect and most flexible way to get the most out of your experience whilst maximizing results.

## Arabian Oud Renewal Therapy

90 minutes AED 680

In this deluxe treatment, we use Sodashi Arabian Oud oil to works on both face and body to deliver incredible results in terms of released muscular tension and skin radiance. A luxury and exceptional holistic therapy designed to deeply calm and invoke a sense of strength, peace, focus and clarity to the whole wellbeing.



# Wellbeing Treatments

Mindful treatments created to provide true wellbeing benefits

## Energy

60 minutes AED 502/90 minutes AED 649

Using changes in temperature, speed of touch and different textures, this treatment begins with the Neom Body Scrub with its potentially invigorating oils of wild mint and mandarin followed by an energizing cream clay wrap. The stimulating essential oils of grapefruit, lemon and rosemary penetrate the skin and allow for detoxification, whilst you experience a 20 minute face and scalp pressure point massage and specialist reflexology techniques. This treatment awakens your senses while your body and mind are enriched with natural energy.

## Happiness

60 minutes AED 450/90minutes AED 570

Surrounded with a complex blend of the purest possible essential oils including white neroli, mimosa and lemon, this treatment begins with a guided meditation, reflexology, breathing exercises, all designed to lift your mood. Your skin will be lightly polished using Neom Body Scrub with invigorating oils of wild mint and mandarin, followed by techniques of shiatsu, cranio and Thai massage to decrease stress levels and release endorphins. A perfect way to lift your spirits, relax and leave you feeling like the best version of you.

## De Stress

60 minutes AED 482/90 minutes AED 576

A peaceful and de-stressing environment will await you in your treatment room using a complex blend of 24 of the purest possible essential oils including lavender, jasmin and Brazilian rosewood. Guided meditation, reflexology and breathing techniques prepare your mind and body to receive this specialist massage that combines the very best techniques of shiatsu, cranio and Thai techniques with Neom Intensive Treatment Candle oil. The end result is tension drifted away for a calm new you.

## Sleep

60 minutes AED 482/90minutes AED 576

Enter a room deeply scented with an extraordinary blend of 19 of the purest possible essential oils including English lavender, sweet basil and jasmin which were blended with one purpose: to induce deep sleep. The treatment begins with a peaceful guided meditation, reflexology and breathing techniques. Throughout, we drizzle the Neom Intensive Skin Treatment Candle Oil over the skin, including key stress relieve points on the head, face, neck and back, and use the very best techniques of shiatsu, cranio, Thai massage and trigger point work. Prepare to be lost in a blissful state, ready for a deep night's sleep.

## “Mother To Be” Treatment

60 minutes AED 550

Masterminded by Neom Wellbeing Board, this safe, supportive and incredibly effective pre-natal massage uses hand-picked blend of 100% natural essential oils, which deliver additional comfort and warmth. This top to toe treatment begins with a pregnancy-specific 5 minute guided meditation and includes a wonderful back exfoliation where you will experience the exceptional mood enhancing blends of wild mint and mandarin to help naturally lift your mood. This is followed by an utterly calming and specially created ‘Mother to-be’ massage. Your therapist will also work on areas of the body which hold additional tension and weight, ensuring the deepest state of relaxation is achieved.



# Massage Therapy

## Timeless Therapeutic Full Body Massage 60 minutes AED 471/90minutes AED 628

A traditional full body massage using firm pressure to encourage circulation, promote relaxation and ease muscle tension. Soft gliding strokes and stimulating movements using hands, forearms and elbows help soothe tired aching muscles and leave you energized and revived. The treatment is ideal to reduce anxiety levels and instill a sense of relaxation and wellbeing.

## Deep Tissue Massage 60 minutes AED 523/90 minutes AED 680

A powerful massage therapy for those who suffer from chronic stress. During this treatment, our therapists use specialized techniques to focus on specific areas of concern and alleviate common discomforts such as stiff neck, tight shoulders and painful lower back. This deep and rhythmic pressure massage eases stress, boosts circulation, relieves physical pain and reduces toxins in the body. Additionally, it restores emotional and mental balance. The result is a renewed and revitalized you.

## Hot Stone Massage 75 minutes AED 659

A therapeutic massage using warm volcanic stones and aromatherapy oils to relieve deep muscular tension. Poor circulation can lead to fatigue and subsequently lead to tensed muscles. The warmth of our volcanic stones improve circulation which help ease aches and pains. This treatment also helps ease tension and stress. An ideal combination treatment for the body and mind.

## Thai Massage 60 minutes AED 550

An ancient healing treatment which combines acupressure, vigorous stretching and assisted yoga postures. An expert therapist uses these time-honored techniques to release your tension, encourage blood flow and thus enhance energy levels and improve flexibility.

## Timeless Back Massage 30 minutes AED 367/45 minutes AED 419

This deep tension releasing massage concentrates on the back, neck and shoulders massage to relieve stiffness and improve microcirculation.

## Foot Reflexology 45 minutes AED 471

A treatment designed to help stimulate the body's own healing powers and regulate energy flow. Utilizing the ancient techniques of reflexology, focused pressure is applied to certain known reflex points located on the foot which in turn invigorates tired, aching feet, improves blood circulation and energizes the body for an overall feeling of wellbeing.



# Treatment Enhancements

## Sodashi Scalp & Hair Treatment

30 minutes AED 314

This treatment begins with Sodashi's soothing warm and aromatic foot compresses to relax and refresh the feet. A luxurious and moisture rich Sodashi Scalp Mud is then massaged over the scalp to release pressure and tension. This mask treatment is left to deeply nourish the scalp and leave the hair feeling silky soft and looking healthy and shiny.

## Sodashi Body Balance Salt Glow

45 minutes AED 398

Bring the body back to balance. This treatment begins with warm soothing oils massaged into the skin, followed by a Himalayan salt and plant essence therapy exfoliation. Designed to relieve stress and fatigue while gently stimulating the body's circulation, this treatment is particularly recommended following periods of travel or strenuous exercise.

## Sodashi Vanilla Body Bliss

45 minutes AED 429

This highly fragrant, gentle, all over body exfoliation soothes and calms the mind and body while revitalizing and hydrating the skin. Sodashi's Vanilla Body Exfoliant buffs away dry skin while key ingredient Sandalwood eases tired and aching muscles. A closing application of Sodashi's Vanilla Body Butter infuses a beautiful fragrance into the skin. This treatment is safe and effective even during pregnancy.

## Sodashi Organic Green Tea Salt Therapy Exfoliation

45 minutes AED 408

The combination of Sodashi's organic green tea and Himalayan salt deeply cleanses and exfoliates your skin all over. Rich in anti-oxidants and vitamins C and E, this blend infuses soothing, relaxing properties to the underlying muscles and helps to repair the everyday effects of wear and tear. As a finishing touch, the application of a richly scented Sodashi moisturizer will leave your skin vibrant and replenished.

## Anti-Cellulite Treatment

60 minutes AED 680

A special intensive treatment based on innovative active ingredients from Babor to tackle cellulitis at its roots. A combination of an anti-cellulite active complex and plant extracts stimulate activate the lipid metabolism of the fat cells and improves microcirculation which helps eliminate waste from tissues and measurably improves body contours. The result is smooth soft even skin.



# Facials

## Babor Hydration Facial

60 minutes AED 502

A facial that erases all signs of dehydrated skin that is common specially in indoor environments. During this facial, your skin will receive a generous dose of hydration thanks to the BABOR concentrated ampoules that will instantly hydrate and remove all sign of fatigue. This treatment is also highly recommended after a long flight or a journey in the desert.

## Dr. Babor Collagen Booster Treatment

60 minutes AED 523

An effective treatment as an alternative for anti-wrinkles injections, thanks to the hyaluronic acid and collagen fibers that deeply penetrate the skin giving it a fuller and plumped up appearance while visibly improving its density and firmness.

## Sodashi Marine Mineral Facial

60 minutes AED 550

This facial utilizes the intelligence of marine plants to restore radiance and glow to the complexion. Tailored to each guest's unique skin type, it is the perfect treatment to oxygenate, tone and revitalize the skin.

## Sodashi Calm Facial

60 minutes AED 471

A beautifully calming treatment to sooth and nourish overstimulated skin. Cooling mists and soothing aromatic gels nurture the skin, while Sodashi's unique plant essence blends and herbal extracts strengthen capillaries and de-sensitise. Skin is revived, with a calm and even complexion.

## Sodashi Lifting Facial

90 minutes AED 659

This is an intensive boost of all natures vitamins and minerals. The warm infusing mask will maximize the penetration of the ingredients into the deeper layer cells. Your skin feels hydrated and toned while restoring elasticity and radiance.

## Sodashi Back, Face and Scalp treatment for Men

60 minutes AED 523

Designed to treat men's specific skin concerns, this treatment begins with a relaxing Sodashi Himalayan salt therapy back scrub to ease stress and reduce tension in the mind and body. This is followed with a deep cleansing and exfoliating facial that balances the skin's natural oils, soothes irritations and prevents ingrown hair. The treatment ends with a relaxing massage to tone and firm facial muscles, leaving the face looking fresh and revitalized.

